

**“Volunteering...
The Balance Between Doing
and Being”**

with Dr. Francis Battisti



Sunday, December 15, 2024

12:00-1:00 pm

Unitarian Universalist Congregation of Binghamton

183 Riverside Dr. Binghamton, NY 13905

uubinghamton.org

Free and open to the public

Join Dr. Francis Battisti as he takes you on a journey of exploring the concept of volunteering, embodying the balance between being and doing. As we seek to balance our life, we may want to explore the connection between the actions we take to have impact and our inner world of connection and compassion.

Dr. Battisti is a nationally known educator, speaker, consultant, and author.

“It is not enough to be compassionate. You must act!” ~ the Dalai Lama