November’s Sunday Services

ALL SERVICES BEGIN AT 10:30AM

November 3  “Generosity”  Taylor and Cooke

Several of the monthly themes from Soul Matters this year are based on the new Values statement voted on for a year of study from the UUA General Assembly. ‘Generosity’ is one of the core values listed in the document set to replace the current Principles and Purposes statement. Let’s consider this value together. (Today is a “First Sunday” with workshops for all ages following the worship.)

November 12  “The War on Truth”  Rev. Douglas Taylor

Winston Churchill is credited with the witticism: ‘A Lie Is Halfway Round the World Before the Truth Has Got Its Boots On.’ Ironically, Churchill may not be the originator of that line. But the problem we face in our society is more pernicious than mere ‘Churchillian Drift!’ Lies and disinformation are eroding our reality with frightful consequences.

November 19  “Earth Nurturers”  Taylor and Cooke

This harvest time, let us lift our hearts in gratitude for all that nourishes our lives. The earth is generous and bountiful, let us consider what gift we give in return. Join us for this multigenerational celebration of story, song, and reflection together.

November 26 “Look Closely, or you’ll Miss It”  Carol Mikoda

(after an essay by Natalie Rose Richardson): poems that offer haunting images and a lens to magnify the meaning we can glean from careful observation of all that surrounds us.
Hello!

Welcome to an exciting Fall season of spiritual growth and exploration at UUCB.
We are glad you’re here!
All ages are valued members of this community. Our program offers a rich variety for faith development opportunities for ALL.

**SUNDAYS**

Most Sundays Children start with service in the sanctuary before being sung to their classes.

First Sundays: Worship / Workshops: Once a month we ALL gather in the sanctuary for service followed by workshops for all ages. Focus on UU values & principles with activities to engage the head, heart and hands.
No classes. Childcare available. 1st Sunday Format: Service 10:30-11:15, Break 11:15-11:30, All ages workshops 11:30-12:15, Fellowship 12:15-12:45

Multigenerational Worship Services Our children and youth join their family for service in the sanctuary. No classes. Childcare available.

Chapel Chats: Join us on select Sundays in the Chapel after services for a new feature called Chapel Chats. These occasional sessions will be an opportunity to discuss the sermon of the day or to discuss current events in the world through the lens of our UU values. They happen at 11:45 in the chapel (and on zoom - remain in the regular zoom room to join the conversation)

Choir: Do you like to sing? Then consider singing with the UUCB choir. Rehearsals are weekly from 6:30 – 8 on Thursday evenings in the sanctuary. The choir typically sings twice a month. However, there is great flexibility. If you are only able to join us for one song or a few months, that is fine. Questions? Call or text Music Director Vicky Gordon at 607 222-5836.

Last Sunday Lunch: Join us in the social hall for a themed potluck lunch on the last Sunday of every month. Let Karen Armstrong know if you would like to be a part of the last Sunday lunch committee.

Beyond Sundays

Social Events Join us for the holiday related activities, special events, potlucks, talent shows, movie nights, fundraisers, and more! Watch the calendar and bulletin for news.

Adult Programs provides a variety of educational programs for everyone. This Fall has relationship workshops, anti-racism talks, book discussions and more. Online and in-person options. See their brochure for ongoing programs & upcoming classes.

Community Events: We love our community events including Veggie Fest, Porchfest and Trunk or Treat. We welcome your ideas for more of them!
Children and Youth this Month

Theme Based Curriculum
What is “Soul Matters”? Each month, our services and children’s Faith Development activities are devoted to a theme, like “Cultivating Relationship” or “Opening to Joy” or “Healing.” We approach these general themes from several lenses and angles throughout the month. And we explore the themes in Sharing Circles, small groups of adults committed to deeper exploration with regular companions.

These groups offer the gift of spiritual connection, where we listen to each other, to our lives, and to our deepest selves. We are encouraged to experience the themes, not just analyze them, and to offer each other the gift of listening.

2023-24 Themes: The Gift of...

- November: Generosity
- December: Mystery
- January: Liberating Love
- February: Justice & Equity
- March: Transformation
- April: Interdependence
- May: Pluralism
- June: Renewal

Our UUCB Youth group is for our high-school age members and currently meets once a month. Contact Lynne Theophanis or Christine McWhirter for more information.

Contact our Director of Family Ministry Dylan Cooke at dfm@uubinghamton.org for more information about our programs, or to find out how you can become involved with this ministry.
It Happened in October

OUR VIOLENT HISTORY WITH STEVE CALL

On Sunday, October 8, SUNY Broome Professor Steve Call gave a presentation about the history of racism in America. It was very well attended.

CRANBERRY COFFEHOUSE

On Saturday, October 21, we hosted Cranberry Coffeehouse and had a large crowd. Proceeds from the coffee and baked goods went to the UUCB general fund.

NYSCU MEETING

On October 20-21 The 198th Annual Meeting of the NYSCU met at UUCb with over 20 participants. The Rev. Verdis LeVar Robinson (right) spoke on “The Audacity of Universalism.”

DRUM CIRCLE

We had our second monthly Drum circle on Wednesday, Oct. 11 and had about 12 participants.

RIVERBANK CLEAN-UP

Several UUCB families came out to clean up the riverbank near our property as part of Broome County’s Riverbank Clean-up day.

SOUL MATTERS

Reverend Douglas Taylor led his popular Zoom class Soul Matters on Wednesday, October 18.

SPECIAL COLLECTION

Our special collection in October was for Stakeholders of Broome County and will buy warm clothing for those who need it. Thanks to all who donated.

LAST SUNDAY LUNCH

Last Sunday Lunch was great fun and everyone enjoyed the Fall Halloween food theme.

TRUNK OR TREAT

Even though it rained and was held indoors, our annual Trunk or Treat Event attracted about 80 kids who enjoyed collecting candy, making crafts, and having s’mores by the fire.
Ongoing Events

UUCB Community Drum Circle

WEDNESDAY, NOV. 11  7:00PM

Create a sense of community by joining in our all ages drum circle. The drum circle offers equality because there is no head or tail. It includes people of all ages. The main objective is to share rhythm and get in tune with each other and themselves. Bring your own drum or borrow one of ours. Contact Jim Dwyer for more information.

Beginner Yoga

MONDAYS 5PM

Yoga instructor Irena Trubnikov leads us in a yoga class each Monday. All are welcome. Bring a mat or towel, a water bottle and wear loose comfortable clothing.

Cranberry Coffeehouse

Saturday November 4
“Peregrine Road”
and November 18
“Chris Koldewey”

Both Concerts at 7:30PM
More info at Andrubemis.com

Depression Support Group

MONDAYS AT 6PM

Each Monday, folks affected by depression are welcome to gather for support and conversation. Contact Chris Petroski at 607-232-8958 for more information.

Last Sunday Lunch

SUNDAY NOVEMBER 26  11:45AM

Join us this month and bring something to share for our Italian theme lunch

The Covenant of Unitarian Universalist Pagans (CUUPS) is an organization dedicated to networking Pagan-identified Unitarian Universalists (UUs), educating people about Paganism, promoting interfaith dialogue, developing Pagan liturgies and theologies.

Meets on the 2nd and 4th Tuesdays at UUCB at 6:30pm.
Our Violent History pt. 2  
Steve Call, professor of history at SUNY-Broome, returns to UUCB on Sunday, November 12th to continue his exploration of the complicated and violent relationship between the failure of reconstruction after the Civil War, the Jim Crow era, and the legacy of racism in this country. Please join us in the chapel at 11:45 to participate. In-person and on Zoom.

Soul Matters Small Group  
WEDNESDAY, NOVEMBER 15 AT 6:30PM ON ZOOM  
Rev Darcey Laine and Rev. Douglas Taylor. Offered jointly by the Athens, Cortland and Binghamton congregations. This will be a chance to connect and share spiritual themes with members of your own congregation, and with your neighbors.

Elderwisdom  
Sunday, November 19 at noon  
LILLIAN THEOPHANIS WILL BE INTERVIEWED BY CAROL FINCH  
Our Elderwisdom interview gives a chance to learn more in-depth about the life of a congregant.

Credo Class with Reverend Douglas Taylor  
FRIDAYS, NOVEMBER 3 AND 17 AND DECEMBER 1  
Explore your beliefs and values with interactive activities, craft your own Credo statement to share with others in the workshop, open to all ages. Contact Douglas Taylor to be enrolled. dtaylor@uubinghamton.org
First Sunday Workshops for November 5

SATURDAY  OCTOBER 21  4PM

“Storytelling Around the Campfire” with Monika Fridrich Join us around the campfire in our backyard Children’s Garden (or by our indoor fireplace if it’s rainy). Tap into your inner storyteller and share a story around October’s theme of Heritage and Roots. Let’s celebrate the Day of the Dead with stories shared through generations and across nations.

“Faith in Action: Bean Soup Prep” with Heather Kirkland in the Fireside Lobby. Join us in preparing our traditional wine bottle soup kits, to be sold as a fund-raiser for the Adopt-A-Family holiday program.

“Chalice Circles” with Rev. Douglas Taylor and Commissioned Lay Minister Jeff Donahue. Join Douglas and Jeff and learn about Chalice Circles, the “Soul Matters” version of Small Group Ministry. This session will be held both live in the Chapel and broadcast via Zoom.

Coming up in December...

FAMILY CRAFT MAKING WORKSHOP
SATURDAY, DECEMBER 2  1-4PM

Join us for a festive and fun afternoon of making crafts together.

HOLIDAY ART AND GIFT SALE
SATURDAY AND SUNDAY, DECEMBER 9 AND 10

Shop local at our annual art and gift sale where we will have a large selection of local artisans and great food too. Watch for opportunities and more information about how you can be a part of this fundraiser.
Easy Ways to Get involved at UUCB

Focal Point: Sign up to decorate the focal point in the sanctuary on a Sunday. It is easy, fun, and you can be creative! The sign-up sheet is on the “Get Involved” bulletin board in the hallway, or you can contact Renee Taft for more info.

Friendly Faces: Would you like to help greet visitors and help them find their way around UUCB? Talk to Hope Post to find out more.

Family Ministry: Get involved on the ground floor and make a difference in our new ministry format. Talk to Dylan Cooke to learn more.

Social Action: Our Social Action HUUB is looking for your interest and talent! We have openings on the team for a Team Liaison, a Clerk, a Promotions & Tech person, and Action Team Leaders. Talk with current SA HUUB members to learn more about these opportunities to participate. Contact Lynne Theophanis, and Douglas Taylor.

Aesthetics Team: Do you like decorating for holidays and making sure things look their best? Join our new aesthetics committee! Ask Hope Post or Renee Taft for more details. We could use fresh ideas!

Sunday Service Associates: We always need new folks to help make the worship service run smoothly. Talk to Kate Thorpe if you would like to help out on a Sunday morning.

Social Hour Hosts: Do you like coffee and getting the snacks first? Then you may be the perfect person to help with the social hour on a Sunday! Ask Carl Cohen or Ron Clupper for more info.

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Energy Efficiency Newsletter
Did you know that Gerri Wiley puts out a monthly newsletter about home energy efficiency?

If you’d like to subscribe, just send her an email at gerriwiley@yahoo.com.

Her newsletter includes up to date recommendations about community solar as well as other home energy efficiency and electrification topics. Here is an example of a recent newsletter.

Green Quote
“The best time to plant a tree was 20 years ago. The second best time is now.” — Chinese Proverb
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For meeting and event room assignments or more information, go to [https://www.mychurchevents.com/calendar/74087865](https://www.mychurchevents.com/calendar/74087865) or contact Karen Manzer at 607-729-1641 or office@uubinghamton.org