

Love and Mystery

Sundays, Oct. 9, 16, and 30

12:00-1pm

A three part series on love and intimate relationship. We will explore how our choice of intimate partners occurs, how and why our most intimate relationship often seems so hard, and finally how our interpretation of the “facts” in our relationship often obscures deeper truths. Throughout, we will include opportunities for sharing to the extent that participants are comfortable, and we will offer exercises for deeper interaction between intimate partners. This workshop is for couples and for individuals interested in fulfilling intimacy.

Revisoning the 7 Principles

Tuesdays, Nov. 1, 8, and 15

6:30-8pm (zoom)

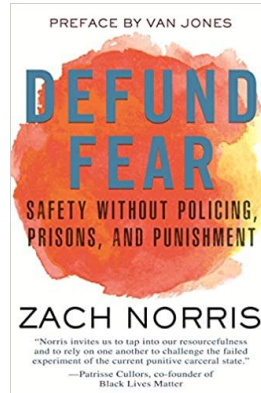
This multi-congregational three part course facilitated by Reverends Douglas Taylor, Darcey Lane and Jo VonRue. RSVP with one of the facilitators by 10/30 to receive a zoom link.

The How and Why of Witnessing Whiteness

Sunday, Nov 13 noon-2:00pm

led by Marguerite Wilson, PHD, Associate Professor, CCPA Human Development, BU in the Chapel or Zoom (TBA)

In this interactive presentation, Marguerite Wilson, of Embrace Seminars LLC will provide and overview of their 12-week Witnessing Whiteness program, which is a space for bringing together people dedicated to their anti-racism journey.



UUA Common Read
Defund Fear: Safety Without Policing, Prisons, and Punishment
By Zach Norris
Tuesday, Dec 6 6:30-8:00pm

Community leader and lawyer Zach Norris lays out a radical way to shift the conversation about public safety away from fear and punishment and toward growth and support systems for our families and communities. In order to truly be safe, we are going to have to dismantle our mentality of Us vs. Them. This discussion of the UUA 2022 Common Read will be led by Rev. Douglas Taylor on zoom (RSVP Rev. Taylor for zoom link)

We welcome your ideas for future programming. If you would like to lead or co-lead a program, please submit a Course Proposal Form, available from the office & on our website. Please also consider joining the Adult Programs Committee. We meet on the second Tuesday of each month. Contact us at adultprograms@uubinghamton.org or 607-724-1641



UUCB Adult Programs

Fall 2022

**Unitarian Universalist
Congregation of Binghamton**

183 Riverside Drive
Binghamton, NY 13905



Service. Love. Justice.

Create, Connect and Move!

Saturday, Sept. 17 9:00-11:00am
Art, Spiritual Direction and a Movement Activity

Elderwisdom

Sunday, Sept 25 12:00pm

Join us after the service to learn about the interesting and full life of long-time UUCB member Ron Clupper. Ron will be interviewed by Carl Cohen in the sanctuary. This will be in-person and on Zoom and will also be recorded for later viewing. No RSVP is necessary for this event.

Soul Matters Small Group

(zoom only)

Wednesdays, Sept 21, Oct 19, Nov 16, and Dec. 21 6:30 pm

3rd Wednesdays, beginning Sept 21, 6:30 pm, PRESENTERS: Rev Darcey Laine and Rev. Douglas Taylor. Offered jointly by the Athens, Cortland and Binghamton UU congregations, this will be a chance to connect and share spiritual themes with members of your own congregation, and with your neighbors.

Soul Matters groups offer the gift of spiritual connection. Around us swirls a shallow, frantic and materialistic culture that regularly leaves us cut off from our deepest selves, life's gifts and needs greater than our own. Many of us come to church hungry to mend these sacred connections that get frayed and torn. Soul Matters exists to support this journey of reconnection to life, others and ourselves.

Please RSVP for each session to dtaylor@uubinghamton.org to receive the zoom link.

Chapel Chats

Sundays, Sept 18, Nov 27, Dec 18 11:45am

Join us on select Sundays in the Chapel after services for a new feature called Chapel Chats. These occasional sessions will be an opportunity to discuss the sermon of the day or to discuss current events in the world through the lens of our UU values. (remain in the regular zoom room to join the conversation from home)

The Adult Programs Committee strives to provide a variety of programs for everyone. Child care is available at no cost for all programs with at least ONE week advance notice. For more information and updated listings please check our bulletin board & web page, uubinghamton.org/programs-for-adults-at-uucb/adult-spiritual-learning/

How to Be an Antiracist, by Ibram X. Kendi

Sunday, Oct. 2nd Noon - 1:30pm

Sondra Pruden will lead a discussion/review of this book and why it is so relevant for all of us today. Last year we learned that the new racism for the 21st century is called Aversive Racism. "I'm a good person, I'm not a racist, I support BLM! What else is there for me to learn or do?"

If you have already read this book, you might want to review it again.

This discussion is good preparation for our program on The How and Why of Witnessing Whiteness on November 13th. Program will be in person or on Zoom (TBA)