



Upcoming Sunday Services at UUCB

10:30am

September 11

Raven Rescues the River (Ingathering) Taylor and Cooke

What do we do when our water runs dry? Join us for Ingathering Sunday for all ages with story, song, and reflection. Bring some water from a place that is important to you for our annual Water Ceremony.

September 18

Rooted in Beauty Rev. Douglas Taylor

We are meant to be connected. We are meant to have roots that go down and also runners that travel out! We are meant to be in this together so we all might thrive. All this isolation and division around us cannot last and does not serve. We are meant to be connected.

September 25

Shaking the Faith Rev. Douglas Taylor

This is going to happen. The “Seven Principles” will be revised, rewritten, replaced. These particular words and phrases have been powerfully important to us for more than a generation. But they are going to be changed. What won’t change is the values and message behind the words.

October 2

Excuse Me First Sunday (Courage) Taylor and Cooke

It takes courage to offer and/or accept forgiveness. And there is more to the work than saying “I’m sorry” and “I forgive you.” We also need acceptance as well as change. All of that takes faith and courage! Join us for an all-congregation worship followed by workshops.

STAFF:

Minister:

Reverend Douglas Taylor

Board President:

Tracy Landers

Director of Family Ministry:

Dylan Cooke

Music Director:

Vicky Gordon

Office Administrator and Membership Coordinator

Karen Armstrong

HOURS:

Office Hours: 9:00am to 1:00pm
M-F closed on Wed

Worship Services: Sundays at
10:30am

Children and Youth Programs:
Sundays at 10:30am
Nursery Care during services

First Sunday of the Month:

Worship service at 10:30am fol-
lowed by workshops for all at
11:30am

HOW TO CONTACT US:

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Phone: 607.729.1641

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Email: office@uubinghamton.org

www.uubinghamton.org

Beacon Newsletter Deadline:

Noon on the last Friday of each
month.

Welcome to an exciting year of spiritual growth and exploration at UUCB.

We are glad you're here!

All ages are valued members of this community. Our program offers a rich variety for faith development opportunities for ALL.

Sundays

Most Sundays Children start with service in the sanctuary before being sung to their classes.

First Sundays: *Worship / Workshops*: Once a month we ALL gather in the sanctuary for service followed by workshops for all ages. Focus on UU values & principles with activities to engage the head, heart and hands. *No classes. Childcare available. 1st Sunday Format: Service 10:30-11:15, Break 11:15-11:30, All ages workshops 11:30-12:15, Fellowship 12:15-12:45*

Multigenerational Worship Services Our children and youth join their family for service in the sanctuary. *No classes. Childcare available.*

Chapel Chats: Join us on select Sundays in the Chapel after services for a new feature called Chapel Chats. These occasional sessions will be an opportunity to discuss the sermon of the day or to discuss current events in the world through the lens of our UU values. The first session will be Sunday, September 18th at 11:45 in the chapel (and on zoom - remain in the regular zoom room to join the conversation)

Choir: Has the pandemic given you a chance to think about the things you'd like to do? Is singing one of them? Then consider singing with the UUCB choir. Rehearsals are weekly from 6:30 – 8 on Thursday evenings in the sanctuary. Please consider joining us for our rehearsal on September 22 (there is NO rehearsal on Thursday September 15). The choir typically sings twice a month. However, there is great flexibility. If you are only able to join us for one song or a few months, that is fine. Questions? Call or text Music Director Vicky Gordon at 607 222-5836.

Last Sunday Lunch: Join us in the social hall for a themed potluck lunch on the last Sunday of every month. Let Karen Armstrong know if you would like to be a part of the last Sunday lunch committee.

Beyond Sundays

Social Events Join us for the holiday related activities, special events, potlucks, talent shows, movie nights, fundraisers, and more! Watch the calendar and bulletin for news.

Adult Programs provides a variety of educational programs for everyone. This Fall has relationship workshops, anti-racism talks, book discussions and more. Online and in-person options. See their brochure for ongoing programs & upcoming classes.

Community Events: We love our community events including Veggie Fest, Porchfest and Trunk or Treat. We welcome your ideas for more of them!

Our 2022-2023 Children's and Youth Programs

Makers Space and Mover Space

(K-8th grade)

We are thrilled to announce this innovative way of being together on Sunday for our children! Each week, children will choose between the Maker space and the Mover space. Following the monthly themes and using the weekly story, the workshops are designed to engage children through our values and their own interests.



Our **UUCB Maker Space** challenges will encourage children to work on hands on activities that are fun, creative, and personally meaningful to them. This quiet and reflective space lends itself to artistic and inventive projects that are connected to our monthly themes.



Our **UUCB Mover Space** is based on principles of Odyssey of the Mind. This more active space is large and open and allows children to express themselves in any direction their imagination takes them. They will have a chance to communicate an idea challenged to them through dance, drama, or other means.

Hello Congregants!

Come play and do crafts with our young members! We are currently seeking volunteers for our childcare programs (Nursery and Elementary age). We are looking for people who are enthusiastic and dedicated to the future of our congregation. With only a commitment for one day a month is expected. If you are interested in this opportunity, please contact our Director of Family Ministries, Dylan Cooke at dfm@uubinghamton.org



Learn With Us!
September 2022 Adult Programs

Create, Connect and Move!

Saturday, Sept. 17 9:00-11:00am

Art, Spiritual Direction and a Movement Activity
in the chapel at UUCB.

Soul Matters Small Group

(zoom only) Wednesday, Sept 21 6:30 pm,

PRESENTERS: Rev Darcey Laine and Rev. Douglas Taylor. Offered jointly by the Athens, Cortland and Binghamton UU congregations, this will be a chance to connect and share spiritual themes with members of your own congregation, and with your neighbors.

Soul Matters groups offer the gift of spiritual connection. Around us swirls a shallow, frantic and materialistic culture that regularly leaves us cut off from our deepest selves, life's gifts and needs greater than our own. Many of us come to church hungry to mend these sacred connections that get frayed and torn. Soul Matters exists to support this journey of re-connection to life, others and ourselves. Please RSVP for each session to dtaylor@uubinghamton.org to receive the zoom link.

Chapel Chats

Sundays, Sept 18, Nov 27, Dec 18 11:45am

Join us on select Sundays in the Chapel after services for a new feature called Chapel Chats. These occasional sessions will be an opportunity to discuss the sermon of the day or to discuss current events in the world through the lens of our UU values. (remain in the regular zoom room to join the conversation from home)

Elderwisdom

Sunday, Sept 25 12:00pm

Join us after the service to learn about the interesting and full life of long-time UUCB member Ron Clupper. Ron will be interviewed by Carl Cohen in the sanctuary. This will be in-person and on Zoom and will also be recorded for later viewing. No RSVP is necessary for this event.

Sunday Morning Meditation sessions will be held each Sunday in the chapel from 10 AM to 10:30 AM.

There will be a short time for introductions and questions at the beginning of the session followed by a 20 minutes of silent meditation.

Both beginning and experienced meditators are welcome. First session will be held on September 11.

Questions? Contact Ferd Haverly
at ferd@haverly.org or 518-528-0292.

Reminders

Printer Cartridges: Please put your empty printer cartridges in the box in the coatroom or give them to Karen in the office. We are able to turn them in for free paper and other supplies for the office.

CHOW Donations: Please make sure that you check all expiration dates on the items that you plan to put in the CHOW bin. And remember to check those expiration dates!

GOT GMAIL? If you do and you are not receiving our weekly emails, look in your “promotions” folder. The emails are likely in there!

Donations: We are collecting personal care products for the “Showers of Hope” program at St. Pat’s church on Oak St.

Calendar items: It’s a new church year, so make sure the office is aware of your committee or group meetings and events so we can make sure the calendar is up to date.

Securing the Building: When you leave the building, please check to make sure that you have closed all windows and doors, turned off all lights, and extinguished all flames.

Looking Ahead...

Our Annual Holiday Art and Gift Sale will take place on Saturday and Sunday, December 10 and 11. This is a really fun event, and an important fundraiser for UUCB. To get on the list to have a table or to help out at the event, please contact Lynne Theophanis.

GET CONNECTED

Focal Point: Sign up to do a focal point on a Sunday. It is easy, fun, and you can be creative! The sign-up sheet is on the “Get Involved” bulletin board in the hallway, or you can contact **Renee Taft** for more info.

Friendly Faces: Would you like to help greet visitors and help them find their way around UUCB? Talk to Karen Armstrong to find out more.

Family Ministry: Get involved on the ground floor and make a difference in our new ministry format. Talk to **Dylan Cooke** to learn more.

Social Action: Our Social Action HUUB is looking for your interest and talent! We have openings on the team for a Team Liaison, a Clerk, a Promotions & Tech person, and Action Team Leaders. Talk with current SA HUUB members to learn more about these opportunities to participate. **Contact Lynne Theophanis, and Douglas Taylor.**

Aesthetics Team: Do you like decorating for holidays and making sure things look their best? Join our new aesthetics committee! Ask **Hope Post or Renee Taft** for more details. We could use fresh ideas!

Sunday Service Associates: We always need new folks to help make the worship service run smoothly. Talk to **Kate Thorpe** if you would like to help out on a Sunday morning.

Social Hour Hosts: Do you like coffee and getting the snacks first? Then you may be the perfect person to help with the social hour on a Sunday! Ask **Karen Armstrong or Ron Clupper** for more info.



The Church Mouse Knows:

Hope Post and Renee Taft have been adding plants and decorative touches to our space to make it welcoming and beautiful

Wes Ernsberger and Joe Thompson have been keeping up with mowing and yard work

Too many people to list helped out at Porchfest and Veggiefest this year and we raised almost \$3000.00!

Blake Schmutz has stepped in to play piano and also is the newest member of the stream team

Mary Woodward has been baking cookies and muffins for our Lourdes residence renters on Thursdays.

Jim Dwyer has headed up the CUUPS group for some breakfasts before Sunday service.

Moe Manzer built, hung, and filled birdfeeders so we can enjoy the birds.

Pat Chirumbolo made the gorgeous paper flowers that hang in the fireside lobby window.

Ed Ware and Scott Husted have been hanging plaques and improving our wifi service

Jeff Donahue continues to make our zoom services successful

Kate Thorpe has been chief greeter and Joys and Sorrows reader on Sundays

Pat and Ron's granddaughter Mara helped organize the Sunday coffee area.



4th Annual Trunk or Treat at UUCB

Monday, October 31
4:30-6:30pm

Wear your costume and bring your favorite trick or treater to this fun event. Halloween fun for all ages with trunks full of treats, cider, donuts and more! Candy and non-candy treats available too. We need lots of candy for this event—we ran out 3 times last year!

Beginning on October 1, there will be a collection box in the office. Let Karen Armstrong or sign up on the get involved bulletin board if you would like to be involved with this the event. Spaces are limited!

Bookkeeper Notes: Our UUCB Bookkeeper Tammy Nist is a whiz with our books and would like to remind everyone of a few things to make purchasing and reimbursements run smoothly:

- Submit a green form with all invoices and receipts. They are in the office, or Karen can email you one.
- Check with Tammy for the best way to purchase. We have accounts with certain local businesses and restaurants.
- We do not reimburse sales tax, so make sure to get a tax-exempt form from karen in the office if you will be making a taxable purchase.

Sept 18-24 is Banned Book week !
Watch for special programs coming up!

Get Connected

CUUPS: Covenant of UU Pagans meets 2nd and 4th Tuesdays 7:00pm-9:00pm. CUUPS is an open community for people interested in Earth Centered religions such as Paganism, Wicca, Reconstructionism, Heathenry, Shamanism, and African Diasporic traditions (just to name a few). Our mission is to enlighten and share our experiences and knowledge with the greater community, and to provide a welcoming home for Earth Centered and Unitarian Universalist centered practitioners alike. We welcome all who are interested in exploring an Earth Centered path, regardless of spiritual tradition, age, sex, gender identity, or sexual orientation.

We always welcome new members, whether you're an experienced Pagan practitioner or just interested in learning more about it.

Friends in Spiritual Practice, our UUCB meditation group, will now meet every Sunday (except when there is a conflict with major congregational events) at 11:45 for meditation and discussion. For more information, contact Elena Greene at elena@stny.rr.com.

Crafting Circle: We would love to restart this fun crafting day once or twice a month. Is anyone interested? Let Karen Armstrong know.

Young Adults Coalition: Starting up Soon! Talk to Rev. Taylor for more info.

Weekly Collaborative Role Playing Games: We are planning to start up our weekly gatherings for playing Dungeons and Dragons and other fun games. Watch for more details soon.

P.R.I.D.E (People Respecting Individuality, Diversity and Equality) LGBTIQQ
This group needs to be resurrected. Is anyone interested in taking the lead? You can make it your own!



GREEN

MATTERS

A Green Sanctuary is a congregation that lives out its commitment to the Earth by promoting sustainable living and environmental justice. The UUA Green Sanctuary Program is a structured process that is designed to help individual congregations successfully make the transition to becoming a Green Sanctuary.

In June 2008, our congregation voted to create the Green Sanctuary Committee. In September 2010, we were accredited by UUA as a Green Sanctuary. We recognize that being a Green Sanctuary is an ongoing process and continue to work for a just, sustainable world. If you wish to learn more or become part of Green Sanctuary, contact Wes Ernsberger (607.342.6049 / wesernsberger@gmail.com).

Elderwisdom

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