The Adult Religious Education Committee is pleased to bring you an interesting array of classes for January and February. Given the uncertainty of Covid and the weather, most programs will be presented via Zoom. Links will be published on our web page, in the weekly announcements, and in the Order of Service.

ARE committee members: Ann Foard and Sondra Pruden (Co-Chairs), Stan Masters, Darlyne Mitchell, Toni Norton, and Rev. Douglas Taylor, ex officio

In addition to the programs described here, UUCB has many ongoing programs, such as Small Group Ministry (SMG) and CUPPS (the Covenant of UU Pagans). Contact Rev. Douglas Taylor for more information.

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**Upcoming Spring Programs**

Coming Attractions for March-May:

- Our Theological House with Douglas Taylor, Darcey Laine and Jo VonRue, 3/10, 3/24, 2-3:30 on Zoom.
- Universal Salvation, post-sermon discussion with Ruth Blizard, 3/13, noon.
- Retreat at Sky Lake, Saturday, May 14. Details TBA.

And more! Stay tuned for further updates.

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**Calendar: Jan/Feb 2022**

- January 5 Wed 6-7:30 Zoom Soul Matters
- January 9 Sun 7-8:30 Zoom Transcendentalism
- January 13 Thurs 2-3:30 Zoom Our Theological House
- January 16 & 23 Sun 7-8:30 Zoom Transcendentalism
- January 27 Thurs 2-3:30 Zoom Our Theological House
- January 30 Sun 7-8:30 Zoom Transcendentalism

- February 2 Wed 6-7:30 Zoom Soul Matters
- February 6 Sun 12-1:30 in-person only Love and Mystery
- February 10 Thurs 2-3:30 Zoom Our Theological House
- February 13 Sun 12-1:30 in-person only Love and Mystery
- February 24 Thurs 2-3:30 Zoom Our Theological House
Our Theological House

Six Thursdays on Zoom, 2-3:30 pm, Jan 13, 27, Feb. 10, 24, March 10, 24, facilitated by the Revs Douglas Taylor, Jo VonRue, and Darcey Laine. What do UUs believe?

Though our beliefs are diverse, we do have a shared history and "theological house" we all inhabit. Based on A House of Hope: The Promise of Progressive Religion for the Twenty-first Century (Beacon Press, 2011) by John Buehrens and Rebecca Ann Parker, this program invites participants to meaningfully engage with liberal theology from a UU perspective. "Hope rises...from the heart of life ... beating with joy and sorrow ... To thrive, hope requires a home, a sustaining structure of community, meaning, and ritual. Only (then) can hope manifest the spiritual stamina it needs to confront evil, endure through trouble, and hold fast to that which is good." -- John Buehrens and Rebecca Ann Parker

Transcendentalism: Then and Now

Please join us for 4 Sundays: Jan 9,16, 23, 30 7-8:30pm on Zoom led by Rev. John Buehrens, past president of the UUA and Senior Minister of the UU Society of San Francisco prior to his retirement in 2017.

Hosted virtually at First Unitarian Rochester, and sponsored by the St. Lawrence Chapter of the UU Minister's Association. Background reading (optional) for the course is Rev. Buehrens recent book, CONFLAGRATION: How the Transcendentalists Sparked the American Struggle for Racial, Gender, and Social Justice (Boston: Beacon Press, Jan. 2020). The book is available from Beacon Press or the UUA bookstore. The course, however, will be thematic rather than following the narrative of the book. Rev. Buehrens will identify contemporary issues as well as explore the pioneering efforts of our spiritual forebears in spiritual practice, women’s rights, anti-racism, and ecotheology. The format of the course will include both lecture and discussion.

Love and Mystery

Three Sundays in person only, 12-1:30 pm, Feb.6, 13, 27. Led by Pat and Ron Kissick

A three-part series on love and intimate relationships.

We will explore how our choice of intimate partners occurs, how and why our most intimate relationship often seems so hard, and finally how our interpretation of the "facts" in our relationship often obscures deeper truths.

Throughout we will include opportunities for sharing to the extent that participants are comfortable, and we will offer exercises for deeper interaction between intimate partners. This workshop is for couples and for individuals interested in fulfilling intimacy.

Soul Matters

First Wed of each month, from January-June, on Zoom, 6-7:30 pm. Led by Rev Douglas Taylor and Rev Darcey Laine. This ongoing series encourages members of the Athens, Cortland, and Binghamton congregations to explore their own spirituality more deeply in the context of a Circle of Trust.

Soul Matters groups offer the gift of spiritual connection. Around us swirls a shallow, frantic, and materialistic culture that regularly leaves us cut off from our deepest selves, life's gifts and needs greater than our own. Many of us come to church hungry to mend these sacred connections that get frayed and torn. Soul Matters exists to support this journey of reconnection to life, others, and ourselves.

Please RSVP for each session to dtaylor@uubinghamton.org.