

Course Offerings

Alzheimer's & Dementia

Tues. Jan.23, 6:30 to 8

Led by the Alzheimer's Association of CNY

This program provides information on detection, causes, risk factors, disease stages, and more. It features video clips of people with Alzheimer's and their families sharing their stories.

Examining Whiteness

Sat. 9-11:30: 1/20, 27;

2/3, 10, 24 and 3/3

Facilitated by Alex Compton-Monell and Ann Kadlecek

We will explore various white identities and aspirations as we seek to dismantle supremacy and build racial equity. For those well along on this journey or just beginning to explore an identity as a white person.

Beyond the Partisan Divide

Sat. 3/10, 9 to 11:30

Leader: Jeff Donahue

UUs seek to welcome all who would find sustenance in our message and in our communities. Our first Principle calls us to see the inherent worth and dignity in every person. Still, living in our two-party political system, we sometimes struggle to embody a welcome that stretches across the partisan divide

UU Principles and Israel-Palestine: Book Discussion

Sun. March 18, 11:30 - 1:30

Leaders: Fred Trzcinski and Matt Parker

We will discuss Alison Weir's *Against Our Better Judgment: The hidden history of how the US was used to create Israel* (93 text pages). Palestine and Israeli food will be provided.

Elder Wisdom

Sun. March 11, 11:30

Del Boss

**Interviewed by
Kate Thorpe**

Hillbilly Elegy: Discussion

Sun 11:30 -1 April 15, 22, 29

Led by Kathleen McKenna

Conservative author JD Vance, grew up poor in a Rust Belt/Appalachian family, joined the Marine Corps, then graduated from Ohio State and Yale Law. His June 2016 memoir examines the struggles of the white working class in Appalachia and the Rust Belt and has been on the NYTimes best-seller list for 67 weeks. Join us for 3-sessions discussing this illuminating book.

New UU Workshop

Sat. May 12, 9am -1pm

**Leaders: Douglas Taylor
and Ron Clupper**

Is Unitarian Universalism new to you? Are you curious about our congregation and our way of faith? Come to our morning workshop designed specifically for you to learn more about our history and theology, and find out how you can connect and get involved with this congregation.

Seasonal Grace

Thurs, May 3 July 12, 6:30 - 9

**Facilitators, JoAnn Freer
and Rev. Douglas Taylor**

Using poetry, story, and personal writing/musing, we offer a calming, contemplative time for considering our lives seasonally.

A Message from the Adult Programs Committee

We strive to provide a broad range of education programs for everyone. Please check our bulletin board and our web page <http://uubinghamton.org/programs-for-adults-at-uu> for updated listings and more information. Child care is available for all programs upon advance request

We welcome your ideas for future programming. If you would like to lead or co-lead a program, we encourage you to submit a Course Proposal Form, available on our website. Please also consider joining our committee. We meet on the second Tuesday of each month.

Stan Masters (Chair), Kathleen McKenna, Peggy Naismith, Patty Parsons, Joe Thompson, Rev. Douglas Taylor, ex officio

**Cover will be
Here**

Ongoing Groups

CUUPS: Jim Dwyer
2nd & 4th Tuesdays, 7-9 pm

Art Class: Warren Thomas
Each Sunday at 11:30, Room 9

Friends in Spiritual Practice
2nd & 4th Sundays 11:30 - 12:30
Elena Greene

Small Group Ministry
Groups meet twice a month, various
days & times Stan Masters

Poetry Group: Janet Landow
4th Monday each month, 4-5 pm

Crafting Circle: Elena Greene
3rd Saturdays, 2-5 pm.

Young Adult Campfire
Brin Taylor: Dates TBD

Parent Group, monthly
Date & Time TBD, see
Ann Kadlecek, TDLFD

**FOR MORE ABOUT THESE GROUPS
SEE THE ADULT PROGRAMS
BULLETIN BOARD**

Annual Sky Lake Spiritual Retreat May 18 -19, 2018

24 hours, 6pm to 6pm

**Rev. Douglas Taylor
JoAnn Freer and
Patty Parsons**

A perennial favorite. Through structured and unstructured modules throughout the day, we will explore the movement of the spirit and meaning in our lives. Similar to the last few years, our theme comes from Parker Palmer's work on grace. Worship, fellowship, music, sharing as well as free time to enjoy the center's nature trails and peaceful lake-side setting. All members and friends are invited to attend. A small fee is included to defray costs.