

UUCB Annual Spirituality Retreat

Refresh Your Spirit!

A 24-hour retreat

Friday, May 5th to Saturday, May 6th, 6 p.m. till 6 p.m.

at Sky Lake Retreat Center in Windsor, NY



Sponsored by the Adult Programs Committee

Come and refresh your spirit in this peaceful, lake-side setting!

Leave behind your daily responsibilities and give yourself some time in a beautiful place to look within to the healing source. During our 24 hours together we will further examine Parker Palmer's Geography of Grace and also participate in some spiritual practices that you can take back home with you to refresh your spirit daily.

Worship Sharing Reflection Fellowship

A donation of \$50 is requested to help cover the cost of 3 meals and overnight accommodations.

To register, please fill out the registration form and leave it, with a check for \$50 (\$40 for commuters), in the church office by April 16th. Checks should be made payable to UUCB, with "retreat" in the memo line.

More payment details are included on the registration form.

Scholarships are available – please speak with the minister.

Child care is not available due to the off-site location.