

# Adult Programs

## **Unknowns of Turkish & Middle Eastern Culture**

**Thurs, Sept. 21 & 28, 4:30 - 6pm**

**Leaders: Ipek and Jeff McAuley**

**Location: At their home**

Come learn about Turkish and Middle Eastern culture from a native Turk and a US citizen who lived in Turkey for 10 years.

Topics include politics, religion, food and daily life. Limited to 15

## **UU Principles and Palestine-Israel**

**Sun, Oct. 1, 1-3pm**

**Leader Matt Parker**

This study-and-discussion meeting considers Palestinian and Israeli human rights issues in a peace-with-justice framework, using the seven UU Principles. (<http://uujme.org/home>).

Israeli and Palestinian food will be provided.

## **Safety & Justice: How Should Communities Reduce Violence**

**Sun., Oct.15, 1:30 - 4:00 pm**

**Leader: Doug Garnar**

Many people of color feel unfairly treated by law enforcement-- even targeted by police. Others say the police are blamed for the actions of a few and that many underestimate the dangers, stress, and violence facing law-enforcement officers. Join us for an exciting discussion.

## **Spirit of Life**

**Wed, 7-9, Oct 18,25, Nov 1,8,15**

**Leader: Rev. Douglas Taylor**

Using hymn #123, Spirit of Life, this course offers opportunities for Spiritual deepening through "the stirrings of compassion," with sessions on nature, our roots, and our wings. A good next step both for newer congregants and for long-term members.

## **Writing Sermons and Creating a Worship Service**

**Sat. Oct 14, 21, Nov 11, 1:30-3:30; Facilitators: Rev. Douglas Taylor and Libby Anderson**

A course for those interested in leading a Sunday service while Douglas is on Sabbatical this winter, or a lay service at another time.

## **Seasonal Grace**

**Thurs, Oct 5 & Dec 14, 5:30 to 9**

**Facilitators: Rev. Douglas Taylor and JoAnn Freer**

Using poetry, story, and personal writing/musing, we offer a calming, contemplative time for considering our lives seasonally.

## **Tending the Flame: A Parent/ Caregiver Group**

**Facilitator: Ann Kadlecek, TDLFD**

**Thurs Oct 5, 7-8, Initial Session**

Explore the joys and challenges of UU parenting in today's world

## **New UU Workshop**

**Sat. Nov. 11, 9 am - 1 pm**

**Leaders: Rev. Douglas Taylor  
and Ron Clupper**

Is Unitarian Universalism new to you? Are you curious about our congregation and way of faith? Come to our morning workshop designed specifically for you to learn more about our history and theology, and find out how you can connect and get involved with this congregation.

## **Elder Wisdom**

Sun, Nov 5, 12:45

### **Renata Bernal**

Interviewed by

### **Kathleen McKenna**

Sun, Dec 10, 12:45

### **JoAnn Freer**

Interviewed by

### **Rachel Light**

## **Ongoing Groups**

### **CUUPS**

**Dates: 2nd and 4th Thursdays**

**Time: 7:00 - 9:00pm**

**Facilitator: Cassandra May**

We seek to enlighten and share our experiences and knowledge with others and to provide a welcoming home for all Earth Centered and all UU Centered practitioners.

### **Zen of Drawing**

**Dates: Each Sunday at 12:45**

**Place: Room 9**

**Facilitator: Warren Thomas**

Join other like-minded folks for sketching and drawing. No art experience needed. We learn from each other as we go.

### **Friends in Spiritual Practice**

**Dates: 2nd and 4th Sundays**

**Time: 10:30 - 11:15 am**

**Facilitator: Elena Greene**

Exploring mindfulness, impermanence, compassion, and other concepts arising from Buddhist tradition. Meditation and discussion.

### **Small Group Ministry**

Small groups meet twice a month at various dates and times for friendship, fellow-ship, and deep sharing about matters of life, death, beliefs and faith.

### **UUCB Poetry Group**

**Dates: 4th Monday of each month**

**Time: 4:00 - 5:00 pm**

**Facilitator: Janet Landow**

Listen, read, and share poems of all kinds. (Drop ins welcome.)

### **UUCB Crafting Circle**

**Date; 3rd Saturdays from 2-5 pm.**

**Contact: Elena Greene**

Bring a project you would like to work on or come and see what everyone else is doing.

### **UUCB Young Adult Campfire**

**Dates and Time: TBD**

**Contact: Brin Taylor**

Bring a candle and enjoy an evening of sharing and discussion. Participants are invited to bring songs and poems to share. All Young Adults (18-35) are welcome.

## **A Message from the Adult Programs Committee**

We strive to provide a broad range of educational opportunities for all, from youth through elder. We hope you will want to participate in some of our classes and programs. A sampling of our programs is described here. Please check our newsletter and our webpage <http://uubinghamton.org/programs-for-adults-at-uu> for updated listings and more information. Child care is available for all programs upon advance request

We welcome your ideas for future programming. If you would like to lead or co-lead a program, we encourage you to submit a Course Proposal Form, available on our website. Please also consider joining our committee. We meet on the second Tuesday of each month.

Stan Masters (Chair), Kathleen McKenna, Peggy Naismith, Patty Parsons, Joe Thompson,  
Rev. Douglas Taylor, ex officio